

# Suhaila Salimpour School of Belly Dance

New Schedule Beginning January 1, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					9:30-11:00am Suhaila Belly Dance Level 1	
					11:15am-12:15pm Folkloric Fusion	
	12:00 – 1:30pm Suhaila Belly Dance Level 1		12:00 – 1:30pm Suhaila Belly Dance Level 2		12:30 – 2:00pm Suhaila Belly Dance Level 2	
					2:15 – 3:30pm Jamila Format with Cymbals (separate fee system)	
			4:00 – 5:00pm* Belly Dance for Kids (Ages 6-10)			
			5:00 – 6:00pm* Teen Belly Dance (Ages 10-15)			
6:30– 8:00pm Suhaila Belly Dance Level 1	6:30 – 8:00pm Suhaila Belly Dance Level 3	6:30 – 8:30pm Suhaila Belly Dance Level 2 <i>(Two Hour Edition)</i>	6:30 – 7:30pm Dance Movement Level 2			
8:15 – 9:15pm Dance Movement Level 1	8:15 – 9:15pm Choreography Class		7:45 – 10:30pm Performance Group Rehearsal			
	9:30 – 10:30pm Performance Group Rehearsal <i>Invitation Only</i>		<i>Invitation Only</i>			

**It's not just a technique . . . it's a revolution.**

\*Visit [www. SuhailaInternational.com](http://www.SuhailaInternational.com) for kids and teens belly dance session dates.

Please wear comfortable clothing appropriate for exercise. Bring a water bottle and yoga mat.

**Classes are also available online at [www.SuhailaOnlineClasses.com](http://www.SuhailaOnlineClasses.com).**